

Bedales Pre-prep Wellbeing: Relationship and Sex Education Policy

INCLUDING EYFS

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Author	Wellbeing Coordinator
Review body (individual or group)	Wellbeing Coordinator, Head of BEdales Pre-prep
Approval Body	Head of Bedales Pre-prep
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Tick relevant box(es) ✓ how this Policy should appear:

Inspector Folder		✓
Website	Upload	✓
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Internal only		
Parent Portal		
For Pupils/Students		

Wellbeing: Relationship and Sex Education Policy

Relationship and Sex Education

Relationship and Sex Education (RSE), is embedded in Personal, Social and Health Education (PSHE) and is lifelong learning about physical, sexual, moral and emotional development. It involves acquiring information, developing skills and forming positive beliefs, values and attitudes. It enables our pupils to move with confidence from childhood through adolescence into adulthood and as such has a key role to play in a young person's personal, Social, Moral and Spiritual Development. At Bedales PRe-prep, RSE is not taught as a separate subject but is taught under the wider heading of PSHE and through the Science, IT and PE curriculums.

Relationship and Sex Education is life-long learning about physical, moral and emotional development. It is about the importance of family life, stable and loving relationships, respect, love and care.

It has three main elements:

- Attitudes and values
 - learning the importance of values and individual conscience and moral considerations
 - learning the value of family life, marriage, and stable loving relationships for the nurture of children
 - learning the value of respect, love and care - exploring, considering and understanding moral dilemmas
 - developing critical thinking as part of decision making
 - challenging myths and misconceptions
- Personal and social skills
 - learning to manage emotions and relationships confidently and sensitively
 - developing self-respect and empathy for others
 - learning to make choices based on an understanding of difference and with an absence of prejudice
 - developing an appreciation of the consequences of choices made
 - managing conflict
 - learning how to recognise and avoid exploitation and abuse (both as exploited and exploiter)
- Knowledge and understanding
 - information about healthier, safer lifestyles
 - understanding the importance of appropriate, respectful and consensual relationships
 - learning and understanding physical development at an appropriate stage
 - understanding emotions and relationships

- learning about and understanding the importance of staying safe online regarding relationships (linked policy – IT)

Aims

The aims of RSE at our school are to:

- Provide a framework and environment in which sensitive discussion can take place
- Develop positive values and a moral framework that will guide the pupils' discussions, decisions, judgements and behaviour, ensure that pupils have the confidence, respect and self-esteem to value themselves and others
- Help pupils to understand the consequences of their actions and behave responsibly in relationships
- Develop pupils' confidence and knowledge so that they may judge what kind of relationship is desirable, protect themselves and ask for help and support
- Prepare pupils for bodily changes and give them an understanding of the importance of health and hygiene
- Create a positive culture around issues of relationships and sexuality; challenge sexism and prejudice, foster LGBT and gender equality
- Teach pupils the correct vocabulary to describe themselves and their bodies and to develop the appropriate terminology for relationship and sex issues

Provision /Implementation

RSE is not compulsory in independent schools, however, independent schools are required to teach the elements of sex education contained in the science curriculum. If independent schools do teach RSE, they must have regard to guidance issued by the Secretary of State as outlined in section 403 of the Education Act 1996. Sex and relationship education is taught through our PSHE, Science, IT and PE curriculums and is an integral part of our broader Wellbeing programme. The outcomes of which are monitored through teacher assessment. All teaching materials used are appropriate to the age of the children in our school. Whilst teachers will answer children's questions honestly and openly, questions of a more sensitive nature, or questions directly relating to sex, sexuality and sexual health will be referred back to the child's parent. We recognise that parents are key in teaching their child about relationships, sex and growing up. As such, we aim to work in partnership with pupils and parents. Support from the professionals, including the school medical team, will be used as appropriate.

Inclusion

Pupils may have varying needs regarding RSE depending on their circumstances and background. We believe that all pupils should have access to RSE that is relevant to their particular needs and experiences. To achieve this, we will take account of:

- Age

- Sex
- Ethnic and cultural diversity
- Home background
- Sexuality
- Special Educational Needs
- Religion

Parents' right to withdraw

As stated in the Education Act 1996, parents have the right to withdraw their children from all or part of our RSE provision. except those parts included in the statutory National Curriculum, i.e. Science. Following a discussion with the headteacher, if parents still wish to withdraw their child from all parts of RSE outside the Science Curriculum, they should inform the headteacher in writing of their decision.

Confidentiality

We cannot offer confidentiality to a child if there is any suspicion of abuse: The Safeguarding Policy will be referred to in this instance.

Early Years Foundation Stage

Wellbeing is an integral part of the Early Years Foundation Stage and staff give particular attention to building positive relationships, providing enabling environments and treating each child as unique. Activities and experiences are planned through the areas of Learning and Development within the Practice Guidance for the Early Years Foundation Stage, particularly as part of Personal, Social and Emotional Development, Physical Development and Understanding of the World. Principles which guide RSE within the EYFS also relate to the themes of 'A unique child', 'Positive Relationships' and 'Enabling Environments'.

Review Date: Spring 2024

Reviewer: Leanne Payne and Camilla Bell

Next Review Date: Spring 2025