



Sixth Form Enrichment Programme

A guide for prospective students



THIS IS NOT
A POSTING BOX,
BUT A CLERK PLACE
FOR THE BAKERY

LEASED
BY JOHN ROYERS
BETWEE

BEDALES
BAKEHOUSE



Your Enrichment Programme

This guide explains how the Enrichment Programme works for Bedales Sixth Form students, and how it relates to your A Level subjects. You will find here a flavour of the type of enrichment courses on offer each year (courses vary according to staff expertise and availability) and some reflections on recent Extended Projects (EPQs) produced by Bedales Sixth Formers.

Central to this programme is the idea of a personalised education, where you get to choose the courses you do, and you have some control about how many courses you take. The range of courses on offer each year is broad; there really is something for everyone.

To further personalise your experience, you might take an EPQ, an independent project of your own choosing, which is worth an AS Level. You might also want to develop your interests with Massive Open Online Courses (MOOCs) and essay competitions. All of these can be part of your enrichment experience at Bedales.

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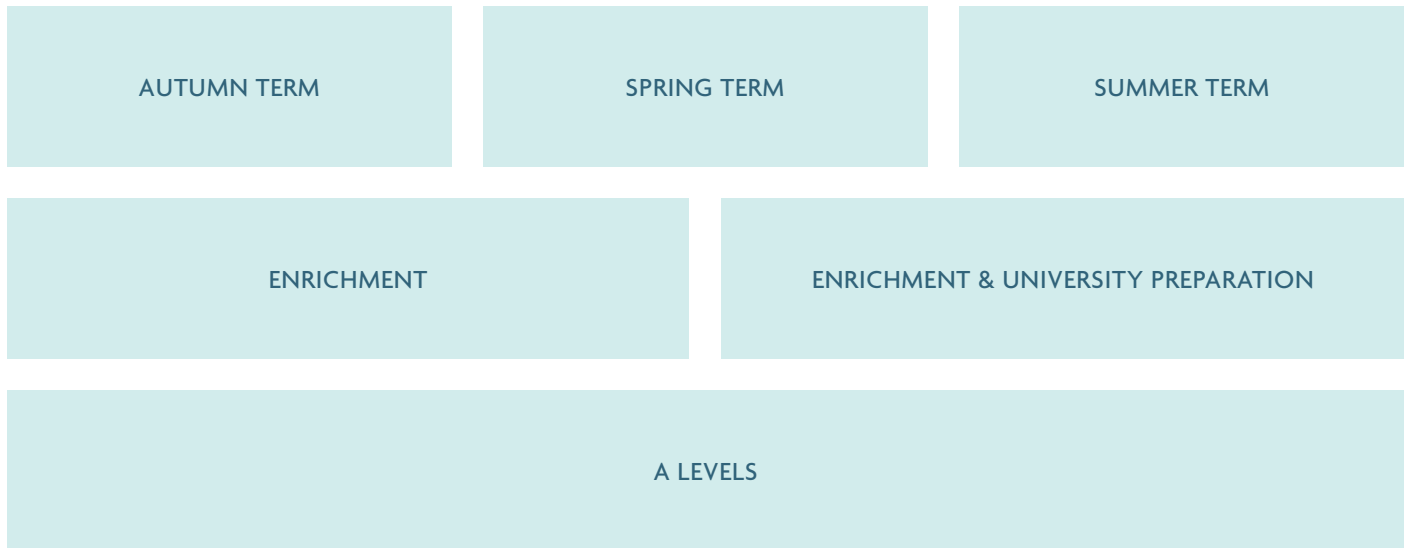
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Enrichment

How does the programme work?



Most students take three A Levels or equivalent from the range of options below, although some may take four.

You can find a list of the A Level courses available on the website, here: <https://www.bedales.org.uk/bedales-senior/approach-learning/sixth-form>

Students will be asked to choose their preferred enrichment courses in the Summer term of Block 5 (Year 11).

Students will partake in their chosen enrichment courses alongside their A Levels in 6.1. In the Summer term, students can also choose subject-specific preparation for Higher Education, based on what they are going to study at university. Students can take more enrichment in 6.2 if they would like to.



How many courses should I take?



Sample enrichment courses

Art History

ONE TERM • 1 CREDIT

The purpose of this short enrichment course is to bring together an understanding of the history of developments in European art with the working practices of artists by outlining how key issues have been approached. Looking at a range of themes that are features in both painting, photography and sculpture (e.g. perspective, use of colour, composition), you will become familiar with how these link and how affiliations that exist between theory and practice interact. The aim is to expand and enhance your experience of looking at visual arts and the process of making. No practical skill required!

Astronomy

ONE TERM • 1 CREDIT

This course will provide students with a grounding for the objects observable in the night sky including planets, moons, nebulae and galaxies, and will conclude with a project in which students will use specialised cameras and telescope observing equipment to take images of whichever astronomical object they choose! No prior knowledge of either astronomy or photography is required. Students will be assessed by an observing project, creating either a piece of artwork or a scientific poster about an observed object.



Beginners' Languages: Chinese, Japanese or German

TWO TERMS • 2 CREDITS

The beginners' courses are a wonderful way to get a grasp of the basics of a new language. These interesting courses focus on the building blocks of the languages with day-to-day purpose in mind. Students will finish the courses being able to engage in simple exchanges and having made progress in the appropriate Hanzi, Kanji, Hiragana and Katakana syllabaries, or Cyrillic script.

Blacksmithing

TWO TERMS OR WEEKEND VERSION (2 FULL DAYS) • 2 CREDITS

This enrichment course introduces you to the basic operations of blacksmithing through a range of pieces that use these skills. Areas covered include forge work (drawing down, upsetting, bending, twisting, hot cutting and punching using hand tools); designing for metalwork; joining components (riveting and some welding); and finishing.

To enable the students to start afresh we will make a basic hook as a reminder of skills for those who have done blacksmithing before and teach the skills anew to those who are completely new to it, before moving onto a toasting fork and bottle opener to cover the initial range of skills. We will

then discuss a main project, which could be a range of options from a hanging basket bracket, side table base, trivet or guitar stand - something of use in the home.

Ceramics

ONE TERM • 1 CREDIT

You will be introduced to building and forming techniques in order to create a range of unique vessels using inventive methods and techniques of construction. You will be encouraged to explore and develop surface qualities through the use of pattern and your vessels may feature surfaces that are created from pre-decorated slabs. Due to the nature of working in this material there is a limited number of places available for this enrichment course (10).

Community Service

FLEXIBLE • 1, 2 OR 3 CREDITS

Bedales offers a range of community service opportunities within our three schools community as well as placements with local schools, charities or organisations. You will have the option to choose between short or long-term placements and do these at a time that fits in with your timetable. This is also an excellent opportunity to fulfil the volunteering part of a Duke of Edinburgh (DofE) programme.



Continuation Languages: French or Spanish

TWO TERMS • 2 CREDITS

We are offering a fantastic opportunity for students who would like to continue their study of French or Spanish beyond Block 5 (Year 11). The enrichment courses in continuation provide practical language through a breadth of activities, including role play, which will be useful for travel to the target countries without the restrictions of an exam syllabus. These courses also contain a strong cultural element and the possibility to study a work or film in the target language in some languages.

Students will finish the course more confident in their understanding and spoken ability in day-to-day language. Enrichment students in these languages will have the opportunity to join a trip to Barcelona or Paris respectively (depending on numbers), where they can put their language to the test and build on their cultural knowledge.

Cooking in the Bakehouse

TWO TERMS • 2 CREDITS

An entertaining enrichment option and fun way for Sixth Form students to learn the basics of cooking by creating a wide range of savoury and sweet dishes, such as pasta and pastry making.

Real artisan cookery, for anyone - from someone who's never cooked before to keen foodies.

Core Mathematics (Level 3 Certificate in Mathematical Studies)

TWO OR THREE TERMS • 2-4 CREDITS

Maths is for everyone. It is diverse, engaging, and essential in equipping students with the right skills to reach their future destination, whatever that may be. For those students who are not studying Mathematics at A Level but who are continuing to use mathematics in their studies, this course offers the opportunity for the continued development of key skills and support alongside A Level study.

In the first year you will learn about the analysis of data, how best to present and communicate the results you find, the maths required for personal finance, and problem-solving through estimation. The second year offers a choice of an understanding of critical path and risk analysis, or statistical techniques. The course is assessed through two written exams at the end of 6.2, and an internal mock exam in the summer term of 6.1.

Creative Writing: Poetry and Prose

ONE TERM FOR PROSE, ONE FOR POETRY • 1 OR 2 CREDITS

Poetry: over the term you will explore a variety of different genres and forms of poetry and have the opportunity to develop your own poetic skills. This course will include plenty of inspiration from the local natural environment, a trip to hear some performance poetry and the chance to have your own work read and commented on by our visiting poet. The unit of



work will end with a poetry slam and seeing your work in an anthology of Sixth Form work.

Prose: you will study extracts from a variety of source materials from the works of Angela Carter, Martin Amis, Virginia Woolf and Ernest Hemingway to name but a few. How do these writers use narrative form, genre and language to create their work? The final task will be to write your own short story in consultation with our writer in residence.

Criminology

ONE TERM • 1 CREDIT

Have you got an interest in what makes a criminal and how we should respond to crime in society? Criminology is the study of crime, its mechanism and its consequences. It combines politics, law, psychology, society and culture and seeks answers to a wide range of questions. In this enrichment course we will consider key questions and debates, such as: What is crime? Why do certain people commit crimes? How can we manage crime? Is fingerprinting infallible? What are the consequences of imprisonment? Is rehabilitation effective?



Dance Collective

THREE TERMS • 3 CREDITS

You will embark on a journey of three different projects throughout the year, all of which encompass creativity, performance and collaboration. It will involve performing throughout the year in four different settings, from audiences as young as Dunannie through to performing in a site-specific setting. You will work to build on three choreographies that will challenge both the physical and performance skills required as a dancer whilst choreographing ideas that push boundaries. Those involved will be able to design the lighting, set and costumes for the performances and will be delivering workshops to younger students who have the same enthusiasm for dance. This course will keep you stimulated and engaged throughout the whole year, developing your passion for Dance in different ways.

Design: Workshop, Fashion or Jewellery

TWO TERMS • 2 CREDITS

£ You may be charged for materials.

You will have an opportunity to work under the guardianship of the Design department on a small scale project for one double period a week over two terms in either furniture, fashion or jewellery design. Aimed at those who wish they had taken their Design further, or wish to build on their BAC/GCSE experience without undertaking a whole A Level. The emphasis will be spending the maximum time in the making spaces, so we will need to limit your outcome choices to speed up the design process. You will take away a lovely outcome that could last a lifetime.

Essay Competition

INDEPENDENT • COMPETITION DATES RELEASED IN SPRING • 1 CREDIT

Lots of top universities set essay competitions in many subjects to offer the opportunity to extend your understanding of and engagement with a subject you love. An opportunity for independent research, leading to a piece of work that's great to talk about in university applications.



Extended Project Qualification (EPQ)

THREE TERMS, PLUS INDEPENDENT WORK • 4 CREDITS

The EPQ is a chance to gain a recognised qualification (weighted as half an A Level) for undertaking an in-depth project in any area of the student's choosing. Outcomes might be artefacts, dissertations or performances. The course is assessed on the basis of the recording and reflection on the project, and a presentation of the findings to an audience of peers. Much loved by universities.



Designing a portable museum Ruben Alexander, Summer 2021

"I wanted to create a project of both artistic and social significance. The concept was to design a portable museum; a modern take on a Bedouin tent, a museum that would travel around several countries in the Middle East displaying art from those countries to each other. The purpose was for someone to enter the exhibition and form a connection with an artefact within the tent. This connection would then hopefully break down some of the social tensions in that region. My hook into the project came from both a desire to develop a concept and the complete freedom the EPQ offers."



A racehorse's life - how dangerous is it really? Nina Jones, Summer 2021

"Due to my interest in studying veterinary medicine at university, I decided to use my EPQ as an opportunity to research further into that field. My project titled 'A racehorse's life - how dangerous is it really?' allowed me to delve into the problems racehorses face on a daily basis and taught me a multitude of valuable skills. Having a real motive for exploring a topic that I was already interested in was very refreshing and enriching."

Film: Great Movies through Screenwriting

TWO TERMS • 2 CREDITS

We will watch a wide range of movies: thrillers and comedies, sci-fi and period pieces, dramas and romances. You may have seen some of them already (*The Shawshank Redemption*, *Little Miss Sunshine*, *Donnie Darko*), some may be new to you, and all will be entertaining. We will analyse dramatic structure, characterisation, dialogue, and genre, so by the end of this class, you will have a better understanding of what makes a great movie great. You will also know how to make your own storytelling stronger in any medium. Those interested can write a screenplay as an Extended Project.

Gold Duke of Edinburgh Award (DofE)

TWO TERMS • 2 CREDITS

£ *Cost for expeditions and resources.*

Here is your opportunity to follow the Gold Duke of Edinburgh Award, to learn essential skills and plan routes for expeditions. The Duke of Edinburgh Award is a well-established and highly respected qualification that tests your organisation, self-reliance and resilience.



Green Woodworking

TWO TERMS • 2 CREDITS

Green woodworking refers to the working of wet or unseasoned wood that has recently been felled or harvested. Freshly cut wood contains a lot of water which will eventually evaporate, causing shrinkage. This 'wetness' can be of benefit in some green woodworking joints which rely on shrinkage to produce a tight fit. Green woodworking requires a different set of skills and tools to modern carpentry and a closer understanding of the nature of wood and the character of different trees. Originally, all woodworking would have been green woodworking. During this hands-on course, students will harvest, cut, split, and shape their wood to make rustic furniture.

Introduction to Permaculture

ONE, TWO OR THREE TERMS • 1, 2 OR 3 CREDITS

Permaculture is an ecological design system that improves the wellbeing of people and the environment. It aims to create cultivated ecosystems using nature, biodiversity, and natural processes as design tools. When done effectively,

permaculture helps reduce carbon and eliminates the need for artificial fertilizers and pesticides. We will be evaluating our plot, designing, and then creating the best design elements over the course of the year. This has the option to be a 1, 2 or 3 term course and will be credited according to your length of involvement. This is multidisciplinary course including sustainability, horticulture, ecology, landscaping, and design.

Lead Light/Stained Glass Work

ONE TERM • 2 CREDITS

From traditional arrangements to contemporary creations, this new enrichment gives students the opportunity to delve into the new colourful world of lead light work. Areas covered include glass selection, designing for stained glass, pattern-making, glass cutting, leading, soldering, cementing, finishing, cleaning and polishing. Once the basics have been covered, students can then explore lead light in various directions. This may be completing a panel of their own design, working collaboratively to incorporate panels into Bedales timber framed buildings, or considering environmental impact and researching use of recycled glass.



Life Drawing

TWO TERMS • 1 CREDIT

This is a course that aims to concentrate on drawing the figure from life using both a range of observational approaches and media. Drawing is an important perceptive skill that is useful in many occupations. It is a discipline that can be learnt with instruction and practice, and is recommended to anyone who needs to present a portfolio for art college interview who is not currently studying Art. Not all the lessons involve drawing the live figure and we are interested in building a knowledge of the bone and muscle structures in order to understand the figure. Also experimenting with various drawing media and printmaking will be undertaken. Suitable for beginners and more experienced practitioners.

Life in Roman Britain

ONE TERM • 1 CREDIT

What happened to Britain when the Romans arrived? Were they welcomed, resisted, or met with indifference? In this fast-paced course, we'll explore evidence from Roman London, opulent villas and rural sites. Discover how Roman rule transformed Britain economically, politically and culturally, and consider its resonance with today's world. We'll explore topics such as Caesar's invasions, Claudius' conquest, Roman religion, the rise of towns, the impact on rural life, and what happened after the Romans left.

Massive Open Online Course (MOOC)

INDEPENDENT • ONGOING • 1, 2 OR 3 CREDITS

Want to learn something really specific, like how to produce your own records, or about the French Civil War? Maybe you want an introduction to Archaeology, or you want to know how the brain works. Opt for MOOC to take alongside your other enrichment courses. The number of credits will reflect how big a commitment the course is. Choose the specific MOOC in September.

Medical Ethics

ONGOING • 3 CREDITS

All trainee medics and nurses study ethics during their degrees. You will reflect on the four principles of medical ethics;

autonomy, non-maleficence, beneficence and justice. In this course we will look at the history behind the international codes that have helped to shape these principles. We consider consent to, refusal of and withdrawal from medical treatment, patient confidentiality and mental capacity. We will discuss real life case studies and put ourselves in the shoes of the medical team that makes these difficult decisions. Especially aimed at prospective doctors.

Money Matters

ONE TERM • 1 CREDIT

On almost every day of your life you will need to work with money. Understand and control it with this course.

We will cover:

- Why do we need money? The origins of money and how currencies have developed from seashells to digital.
- Understanding the different forms of money assets - currencies, bonds, equities, commodities and derivatives, and how they work.
- Opening your own bank account as you leave school. Matching your receipts and outgoings - how much does it cost to live? This will involve a budgeting exercise.
- Borrowing - what is good debt and what is bad debt? Leveraging using a mortgage.
- What is a fair taxation system? Our progressive tax system and the different types of taxation.
- How to make money - earnings, savings, and keys to successful entrepreneurship.

The aim of this course is to give you confidence with the use of money and make it your friend. The course will be led by Neil Blackley, who has spent over 40 years working in finance.

Music: Music of the Late Romantics, Music and Modernism, and Jazz 1900-1960

ONE, TWO OR THREE TERMS • 1 CREDIT PER TERM

• **Music of the Late Romantics** - Take some time to listen to music from the Late Romantic period, including music by Wagner, Brahms and Tchaikovsky, as well as composers in France and England. We will look at the world in which they



lived and how music developed in the late 19th century.

• **Music and Modernism** - We will look at the music of Strauss, Mahler and Debussy and how they paved the way for the avant garde composers of the 20th century. It is a period of great musical, artistic and social change, and an opportunity to get to know some of the truly great works of the end of the romantic tradition.

• **Jazz 1900-1960** - Was jazz the defining musical genre of the 20th century? We will take a guided tour from its origins in New Orleans to Chicago and New York, the Cotton Club and Minton's Playhouse, and meet Louis Armstrong, Bessy Smith, Duke Ellington, Charlie Parker, Billie Holiday, Ella Fitzgerald, Miles Davis and many others along the way.



Music: Contemporary Music

ONGOING • 3 CREDITS

The Contemporary Music course is designed to stretch those who are setting out on a serious musical career. This course provides opportunities for mentoring and to put together music for specific events and performances. Taken over three terms, this course is by audition only. Auditions are held in the first week of Autumn term.

Natural History

ONE TERM • 1 CREDIT

There has never been a more important time to study Natural History. Without being able to accurately identify which species are present, it is impossible to monitor and understand the changes occurring in the natural world as a result of human environmental impacts, such as climate change. The Natural History enrichment will enable you to develop skills in species identification, natural history illustration, natural history

photography, wildlife surveying techniques and biological recording. You will use these skills to produce a *Naturalist's Journal* on which you will be assessed. The Journal can be in either notebook, poster or electronic form and will document the species of plants and animals you have found and identified in an area of your choice within the Bedales grounds.

New Views: Theatre Writing

TWO TERMS • 2 CREDITS

Students complete a 30-minute script as part of the National Theatre competition. Included as part of the study are trips to the National Theatre and visits from National Theatre writers. Indeed, the writer will give feedback on a full draft of your work before your final competition submission. The work is then staged at the end of the year, on campus... unless you win the competition of course, and then you are off to London.

Photography

TWO TERMS • 1 CREDIT

This will be a short introduction to digital photography enabling you to pursue your interest through creative projects. Photographic technology is continually changing, but the principles behind a good photograph don't change. Find out how light, structure and composition affect photographs. You will have the opportunity to follow a particular photographic interest if you wish.

Portrait Busts in Clay

TWO TERMS • 1 CREDIT

The aim of this enrichment course is to complete a life-size portrait in clay from observation of a fellow student in the group. The reason we use a sitter and not photographs of a subject is that for modelling purposes you need a three-dimensional view of a person; with photographs you only get limited information. We use two methods of measurement to achieve a likeness. Firstly, Eduard Lanteri's methods, which incidentally taught Rodin how to sculpt. Secondly, Jacob Epstein, the great British sculptor who developed a system of measurement in the 1930s. We use model makers calipers to achieve a likeness. Once the head is completed, the bust is hollowed out and fired.

Sport Coaching and Psychology

TWO TERMS • 1 CREDIT

Have you experience of sport or fitness coaching either as a participant or a coach? Are you inquisitive about how sport works behind the scenes? In this online course, you will explore the influence of coaching and psychology through the lens of sports people and teams who have been successful. You will focus on coaching and investigating how scientific and management ideas contribute to success. Through case studies, you will consider how the mind, the body, the environment and training techniques all contribute to optimum fitness. The course is supported and strongly recommended by UK Coaching (formerly Sports Coach UK).

Student Directed Plays

TWO TERMS • 3 CREDITS

Students will involve themselves in a piece (or pieces) directed by other Sixth Form students. This is a really rewarding experience for those involved, especially for Drama students looking to hone their skills. Non-Drama students are also very welcome! You must be willing to learn lines, take feedback from your peers and be happy to rehearse outside of the Enrichment slot in the run up to the performance.

Timber Framing

TWO TERMS • 2 CREDITS

Green oak timber framing is an ancient building technique using sections of oak to produce a structure or frame as the basis of a building. Bedales has a long and proud association with this building method which can be clearly seen in a number of buildings around the estate. This course is an opportunity to learn this ancient carpentry skill and use hand tools to cut the joints and assemble the pieces that hold these beautiful wooden structures together.





Church Road, Steep, Petersfield
Hampshire GU32 2DG

E admin@bedales.org.uk

T 01730 300100

W bedales.org.uk